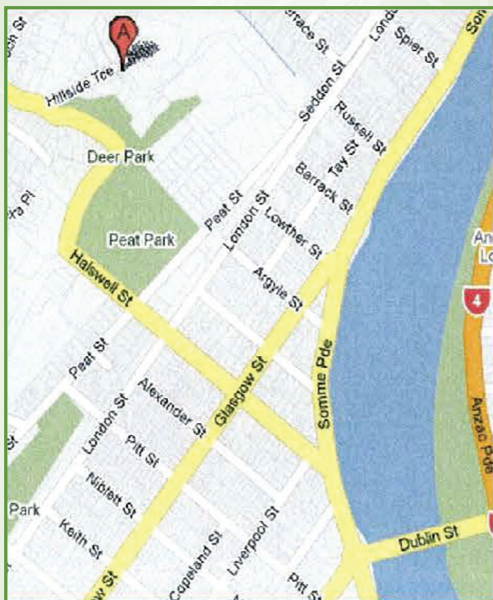


Josephite Retreat Centre Te Punanga ō Hōhepa

Mt St Joseph
14 Hillside Terrace,
P O Box 777, Whanganui, 4541



To Register

Phone 06 345 5047 ext 3

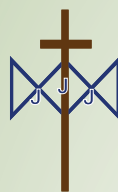
Email pam.hopper@sosj.org.au

*Registrations are essential for programme events.
Early registrations are encouraged.*

Groups and individuals are welcome to hire the Centre.



To view the programme online:
www.marymackillop.org.nz



Josephite Retreat Centre Te Punanga ō Hōhepa



2019 Programme Mahere

*nurturing body, mind and spirit
he wāhi rangimārie*

A ministry of the Sisters of St Joseph, Whanganui

This year we have the theme of

Acknowledging those who have gone before.

This is particularly true of the women who have worked to obtain a better future for those of us in Aotearoa/New Zealand.

We reflected that in September last year as we celebrated the 125th anniversary of women gaining the vote... and recalled that in 1893, a massive petition 300 yards long, rolled down the central aisle of Parliament, until it thudded against the end wall. It changed lives.

Our programme this year reflects strong women who also changed lives. We offer days on **Flora MacKillop**, the Scottish mother of the foundress of the Sisters of Saint Joseph; **Hildegard of Bingen**, the 12th century mystic; some liturgies on the **spirituality of Christian women**; and a gathering for local **Whanganui women** who are involved in improving the lives of others.

“We all stand on the shoulders of those who came before us... Hopefully we are stronger for their courage and wiser for their words... We are lifted by their longing for a fair and brighter future...”

(Adapted from Joyce Rouse)

Therefore, we are also offering some days centred on **social justice**: how to deal with bullying in our society; the living wage; the evil of indebtedness; and the value of restorative justice.

Our **film series** this year deals with the stories of our personal lives and the changes in our individual journeys over the years. Our **‘Tui Motu’** discussion group reflects on the inspiring and often challenging articles from the magazine edited by the creative Ann Gilroy rsj... prompting us to make our part of the world more just for all.

All of this, in the spirit of our patron,

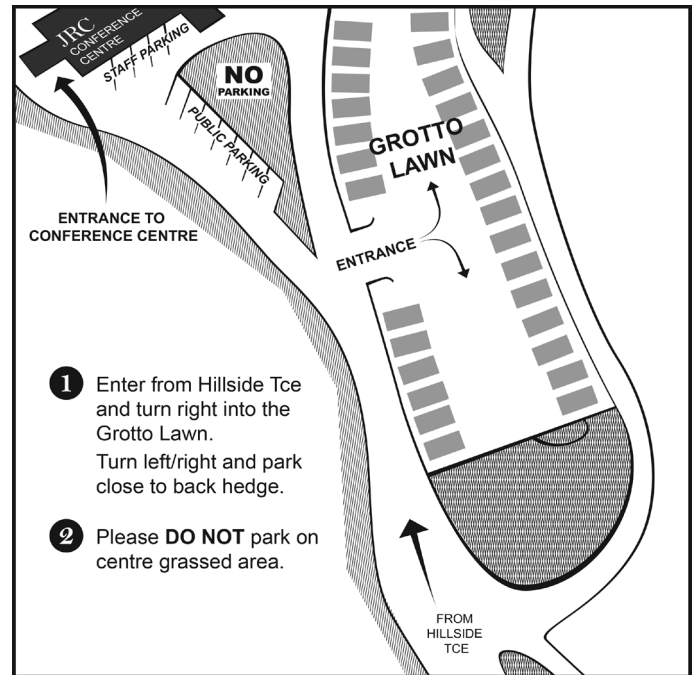
St Joseph, a just man!

As the dictionary says, Just = upright, downright, someone you could count on!

May each of us be blessed with the courage to be likewise in 2019!



PARKING



ACCOMMODATION AVAILABLE

Visitors Wing (In house)

2 double bedrooms
Lounge/Dining/Kitchenette
Bathroom

Atawhai Flat (Independent)

2 Bedrooms (1 Double, 2 Singles)
Lounge/Kitchenette
Desk
Wheelchair bathroom with wet-floor shower

ACCOMMODATION FEES (prices include GST)

- \$50 per person per night B&B
- \$40 per person per night no breakfast
- \$100 per night for Family B&B
- \$90 per night for Family no breakfast
- \$20 each extra person over 4 people



Liturgies

Every 3rd Sunday of the month from 4 - 5pm.
Our prayer process is prepared by various individuals and groups and may reflect the seasons or our theme of acknowledging those who have gone before.

And we have a special time for reflection with a **Guided, Silent Retreat** in September, in the peaceful environment of the Josephite Retreat Centre. The theme is: **Care for Our Common Home - Praying with the 'Earth Stations'**.

How Films Impact Our Spirituality

A series of five films spread over ten weeks which will explore how movies help us to understand our personal lives. This will explore (at an individual level) what can be learned about oneself from watching movies and reflecting on life's journey.

"It's not so much about the movie - it's about you."

The structure of the programme means it will be of most benefit if participants can be present at each session.

The theme this year is: **The Stories of Our Lives.**

DVD Evenings

A selection of interesting films from various countries which will entertain and inspire.

Tui Motu Group

Every 3rd Wednesday of the month from 4.30 - 6pm. An exploration of articles in the current **Tui Motu** magazine.

Facilitators

Ngā Kaiwhakarite

Tracey Young, Patron of Vedic Art NZ: “I enjoy learning new things and am very interested in finding spiritual practices and exploring Art and Creativity as ways to bring Peace and Prosperity into my Life, and into those of my Friends and Family and the wider Community.”

Julia Martin: “I have been a scrap booker and card maker for more than 20 years. I love making cards and teaching others how to do so. In this busy world, it is so important for us to stop and be creative together.”

Marie Skidmore rsj: a Sister of St Joseph, concerned to look at avenues which develop personal spirituality and reveal the sacred in the ordinary, to explore the sacred in nature and our connectedness with all living beings. She is interested in links between psychology and spirituality and ways in which films can influence our growth towards authenticity.

Rita Cahill rsj has many years of teaching experience and working in Parish Pastoral ministry. Music has always featured strongly within her ministries.

Maureen Calman: retired teacher; Anglican priest and Methodist presbyter; spiritual director and retreat leader. She has an ongoing involvement in Christian spirituality.

Marion Sanson convenes the Living Wage Whanganui Core Group. Marion was involved in the Living Wage campaign in Wellington, where the campaign achieved a Living Wage for Council employees. She moved to Whanganui in 2015 hoping that Whanganui City could be a leader in this way too. Marion is a Quaker, seeking to live the Quaker testimony to Equality in a practical way.

Adrienne Gallie rsj: “My ministry as a Sister of St Joseph involves walking alongside families as a financial coach in the building financial capability sector. This grass roots perspective informs my advocacy for increased borrower protection through participating in legislative reviews and raising awareness of the havoc created by an unbridled finance industry.”

Tim Barnett: “In my career I have worked in politics, NGO management and international agency consultancy. A common strand has been justice and my desire to see it available and accessible to those at the margins of society. I now work as Chief Executive of FinCap, which attempts to create fair law for people accessing consumer credit.”

Catherine Woodcock rsj is a Sister of St Joseph from Whanganui.

Centre Hire

- Chairs/Tables
- Kitchen
- Crockery/utensils
- Conservatory
- Quiet Room
- Projector/Laptop
- 55” LED Smart TV/Web browser
- SKYPE camera through TV
- DVD/Blu Ray Player
- CD/Cassette Player
- Microphones
- Sound System
- Wireless Internet
- Catering



CENTRE FEES *(prices include GST)*

- Community \$30 per hour, \$120 per day
- Commercial \$40 per hour, \$180 per day
- Quiet Room Community \$40 per day
- Quiet Room Commercial \$60 per day
- Catering available on request

Facilities at JOSEPHITE RETREAT CENTRE

Josephite Retreat Centre is the perfect venue for seminars, conferences, personal and professional development programmes, business meetings, interviews and retreats.

The Josephite Retreat Centre is housed in the historic building, Mount Saint Joseph, surrounded by well-established grounds, farmland and native bush with ample parking available.

The Retreat Centre boasts state of the art facilities offered in a relaxed and tranquil setting. Our conference centre setting combines the effective use of natural light and plenty of space. The result - an environment conducive to learning which ensures a successful event for everyone!

The conference room is well equipped with a variety of layout configurations for up to 50 people, with a conservatory and courtyard adjoined. Complementing the conference room is a quiet room with seating for up to 30 people. On-site accommodation is available.

The latest AV equipment is available, 55" LED Smart TV with in-built Internet and Skype capability. Projector, Interwrite-board, Wireless Internet, Audio System with microphones, Laptop and presenter aid.

Catering can be provided and we are proud to be offering our "Brain Food" menu which is designed for "boosting brain power" and keeping the mind invigorated throughout the day! A kitchenette is available fully equipped should you wish to self-cater.



Soraiya Daud is the Communications Adviser at FinCap, the umbrella body for financial capability and budgeting services in NZ. "My background has been in politics, community and international development. Working at FinCap has opened my eyes up to the realities of consumer credit in New Zealand and I am motivated to help shine a light on the predatory lending industry."

Jesse and Michael Coleman, Karyn Coleman and Juliet Kojis, members of St Mary's Parish, are 4 of 11 people in the diocese of Palmerston North, trained by Rex Begley to continue his ministry and spiritual direction, and in the giving of Ignatian Prayer Days and Retreats in Daily Life.

Therese McConway rsj lived in Scotland for six years. Her main role was to make Mary MacKillop known in her homeland, preparing the people in Scotland for her canonisation.

Neil Pedley provides counselling and professional supervision, and presents seminars to help workplace employees meet challenges and manage change.

Ann Morrison is a Sister of Joseph living in Lyneham, Australia. Her main ministry is Retreat Facilitation, Spiritual Direction and Adult Faith Formation. Ann has worked in the Catholic School Systems and in Parish Pastoral Roles, including Liturgy, Bereavement Support, Adult Faith Formation, Effectiveness Training for Parents and Teachers and Children. She has a passion for assisting people develop a deeper relationship with God.

Ann Jennison is an artist and a musician with a background in teaching. Her work in pastoral care at Nazareth Rest Home increased an awareness of how challenging it can be to discuss death and dying. Ann wishes to increase the opportunities for daily discourse, so that these subjects can become more comfortable for all in our community.

Carlotta Penton learned to make beautiful stars in her homeland Germany and enjoys sharing her knowledge and skills with others.

Debra Smith is a Coordinator/Facilitator for the Restorative City Whanganui Trust. Deb previously enjoyed a career as a Clinical Pharmacist and more recently, while raising a young family, she has developed leadership and facilitation skills through her involvement in Playcentre Aotearoa. Deb likes to contribute her energy to seeing all people reach their potential and seeing communities enriched and strengthened.

**The Life - Changing Magic of Tidying Up:
The Japanese art of de-cluttering and organizing
by Marie Kondo** Explore this interesting approach to
a simpler life. Would you like your home life to flow
better? Would you like to be able to find things easily?
Join us for a practical session on "The Kon Marie
Method" with **Tracey Young**, who read the book and
followed the principles and became inspired.
Saturday 2 Feb 9.30am - 12.00pm \$10



**Shrove Tuesday celebration with
breakfast**
Tuesday 5 February 9.15 -10.30am

Creative Card Making

Suitable for beginners and regular crafters alike.
Saturday 9 February 10am - 12.30pm \$10
Julia Martin



How Films Impact Our Spirituality (Stories of Our Lives)

See P.3 for explanation.

Film: Stories We Tell

Tuesday 12 February 7 - 10.00pm Koha
Marie Skidmore rsj

Liturgy - Wisdom Women

Sunday 17 February 4 - 5pm

Tui Motu Group

Wednesday 20 February 4.30 - 6pm

Rita Cahill rsj



How Films Impact Our Spirituality (Stories of Our Lives)

See P.3 for explanation.

Film: Life of Pi

Tuesday 26 February 7 - 10.00pm Koha
Marie Skidmore rsj

Queries and Advertising

If you have any queries about upcoming events,
or if you would like a copy of the programme
posted to you at the beginning of the year,

please email
pam.hopper@sosj.org.au

All workshops and quiet days are advertised regularly
in the *River City Press* - *What's On* column,
are featured on the *Wanganui.com* website,
and in *Midweek* - *Happenings*.



Tea and coffee provided.

**BYO lunch unless
otherwise noted.**

**Registrations are
essential for programme
events.**



March

Poutū-te-rangi

Goal Setting with a Friend Workshop

Bring along a friend for a fun and supportive way to clarify your aspirations in all the areas of your life, see your friendship grow and your dreams come easily and effortlessly to fruition.

Saturday 2 March 9.30am - 12pm

\$10

Tracey Young

Quiet Day – Life, from the Root to the Fruit

Monday 4 March 10am - 3pm

Koha

Maureen Calman

A Day on the Living Wage

Curious about the Living Wage? Come and learn about it from a group of Whanganui locals. Living Wage Whanganui emerged out of a series of Inequality talks in Whanganui in 2016. The Living Wage rate calculation uses living costs from data collected by Statistics New Zealand. It is the hourly rate workers need to be paid in order to afford the basics for a family and be able to participate in society. Whether you are a rate payer, employer or employee, or interested in being part of social justice in action, this day is for you.

Saturday 9 March 10am - 2pm

\$20

Marion Sanson



How Films Impact Our Spirituality (Stories of Our Lives)

See P.3 for explanation

Film: I've Loved You So Long

Tuesday 12 March 7 - 10.00pm

Koha

Marie Skidmore rsj

Creative Card Making

Suitable for beginners and regular crafters alike.

Saturday 16 March 10am - 12.30pm

\$10

Julia Martin



Tui Motu Group

Wednesday 20 March 4.30 - 6pm

Rita Cahill rsj

Household Indebtedness – Financial Inclusion or Sad Indictment According to the Reserve Bank, household debt levels in Aotearoa NZ put us ahead of families in US, UK, Italy, Spain and Greece. Improving the material wellbeing of families in NZ is at the core of recent Government reviews, and household debt is being revealed as a major contributor to family poverty and therefore child poverty. The presenters will share insights from FinCap's advocacy work and input into the review of the Contract and Consumer Finance Act (CCCFA), the Child Poverty Reduction Bill, and Welfare Expert Advisory Group (WEAG).
 Saturday 23 March 10am - 4pm \$20
Adrienne Gallie rsj, Tim Barnett, Soraiya Daud



How Films Impact Our Spirituality (Stories of Our Lives)
See P.3 for explanation.
Film: The Orator
 Tuesday 26 March 7 - 10.00pm Koha
Marie Skidmore rsj

Liturgy - Harvest Liturgy
 Sunday 31 March 4 - 5pm

April Paenga-whāwhā



How Films Impact Our Spirituality (Stories of Our Lives)
See P.3 for explanation.
Film: The Best Exotic Marigold Hotel
 Tuesday 9 April 7 - 10.00pm Koha
Marie Skidmore rsj

Liturgy - Woman at the Well
 Sunday 14 April 4 - 5pm

Tui Motu Group
 Wednesday 17 April 4.30 - 6pm
Rita Cahill rsj



DVD Evening - The Leisure Seeker

With her retired literature professor husband, John, slowly succumbing to dementia, and her own health compromised, Ella Spencer proposed that they take off from Boston in the faithful old family RV for the trip he always wanted - Hemingway's home in the Florida Keys.

Wednesday 13 November 6.30pm *Supper provided* Koha

Creative Card Making

Suitable for beginners and regular crafters alike.
 Saturday 16 November 10am - 12.30pm \$10
Julia Martin

Liturgy - Green Women

Sunday 17 November 4 - 5pm

Tui Motu Group

Wednesday 20 November 4.30 - 6pm
Rita Cahill rsj



Advent Waiting

Take a day to stop for a while.
 Rest your body, rest your mind.
 Wait, emptied, open and ready to encounter God present in each moment and beyond in this Advent season.

Saturday 30 November 10am - 3pm \$20
Catherine Woodcock rsj

December

Hakihea

Liturgy - Meri Kirihimete

(Please bring a non-perishable food item to assist those in need at this time)

Sunday 15 December 4 - 5pm

Tui Motu Group

Wednesday 18 December 4.30 - 6pm
Rita Cahill rsj



October

Whiringa-ā-nuku



DVD Evening - Victoria and Abdul

The extraordinary true story of an unexpected friendship in the later years of Queen Victoria's remarkable rule. When Abdul Karim, a young clerk, travels from India to participate in the Queen's

Golden Jubilee, he is surprised to find favour with the Queen herself. The two form a friendship and the Queen begins to see a changing world through new eyes and joyfully reclaims her humanity.

Wednesday 9 October 6.30pm *Supper provided* Koha

Living and Dying Well Weekend

A weekend workshop exploring the questions:

“What is a good life?” *and*

“What is a good death?” *and*

“How are these linked?”

Friday 11 October 5.45 - 8.30pm, Saturday 12 October 9.15am - 5pm, Sunday 13 October 10am - 3pm \$20

Ann Jennison

Tui Motu Group

Wednesday 16 October 4.30 - 6pm

Rita Cahill rsj

Mandala Workshop

In this workshop we will make individual mandalas. This can be a meditative time using pattern, colour and texture. Also, it can be used to record what is happening in one's emotional life path as influenced by Jung. Input both ways will be offered.

Saturday 19 October 10am - 3pm

\$20

Trish Daws & Marie Skidmore rsj



Liturgy - In the Heart of Stillness

Sunday 20 October 4 - 5pm

November

Whiringa-ā-rangi

Window Stars Workshop

Join in this practical workshop making these beautiful colourful stars which make a vivid display on a window.

Saturday 2 November 9.30am - 12.30pm

\$10

Carlotta Penton



May

Haratua

Stations of the Resurrection - The Journey from Easter to Pentecost.

Inspired by an ancient inscription found on a wall of the catacombs in Rome, the Stations juxtapose - the Way of Light with the Way of the Cross. They emphasize the hopeful aspect of the Christian story.

Wednesday 1 May 7pm

Rita Cahill rsj



Koha

Stations of the Resurrection

This contemplative evening follows on from 1 May.

Wednesday 8 May 7pm

Rita Cahill rsj

Koha

Day of Prayer and Reflection

Be Still and Know: A day of Guided Contemplative exercises based on the Saint Ignatius way.

This could be a 'taster' for the Retreat in Daily Life that is following in August. *Bring notebook and pen.*

Thursday 9 May 10am - 2pm *Bring lunch* \$20

Karyn Coleman and Juliet Kojis,

Diocesan Prayer and Retreat Team

World Fair Trade Day – High Tea and Collection

Friday 10 May 2.30 - 3.30pm

Creative Card Making

Suitable for beginners and regular crafters alike

Saturday 11 May 10am - 12.30pm \$10

Julia Martin



Tui Motu Group

Wednesday 15 May 4.30 - 6pm

Rita Cahill rsj

Liturgy - Caroline Chisolm

Sunday 19 May 4 - 5pm



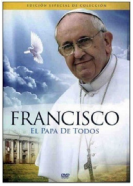
DVD Evening - I Can ONLY IMAGINE

After Bart Millard loses his father to cancer at 18 years old, he writes MercyMe's greatest hit "I Can Only Imagine". Inspired by the transformation of his father through God and the loss of his father, he writes one of the most beloved Christian songs.

Wednesday 22 May 6.30pm *Supper provided* Koha

June

Pipiri



DVD Evening - Francisco

When a teenager in Buenos Aires discovered his religious calling, little did he know that this was the first step that would eventually lead him to the Vatican. He would become in 2013 the leader of the Catholic Church, Pope Francis. In his role

as the archbishop of Buenos Aires, he had challenged the corruption and abuse of the government dictatorship. He worked to give voice to those who had none: the victims of prostitution, slavery and drug trafficking within the many shantytowns.

Wednesday 5 June 6.30pm *Supper provided* Koha

The Most Pressing Issue of Our Time

Welcome to a "taster" day which will explore the main points of Pope Francis' letter on the Care of Our Common Home... (Laudato Si). This will assist us to get an overview of this very important letter which the Pope wrote in 2015 to the whole World community and encourage us to continue our efforts to safeguard our wonderful environment.

Saturday 8 June 10am - 2pm

\$20

Marie Skidmore rsj

Liturgy - Edwina Gately

Sunday 16 June 4 - 5pm

Tui Motu Group

Wednesday 19 June 4.30 - 6pm

Rita Cahill rsj

Six Day Guided, Silent Retreat: Care for Our Common Home - Praying with the 'Earth Stations.'

"One of the principle challenges facing humanity in our day", states Laudato Si 25, "is the care of our common home." Mindful that we are part of this amazing Universal Communion of all of creation, this retreat draws us to hear and feel the cry of Earth and recognise our opportunity to awaken anew to the evolving mysteries and nurture more deeply our creative response "for the protection of our world" (L Si 216). In our hands is the fate of Mother Earth's purity and welfare."

Sunday 8 Sept 5.30pm to Saturday 14 Sept after lunch. \$575 Live in/\$425 Live out. Lunch and dinner provided.

Ann Morrison rsj

Tui Motu Group

Wednesday 18 September 4.30 - 6pm

Rita Cahill rsj

Pot luck lunch in recognition of the Suffragette Movement in New Zealand.

A panel of women will speak on 'what it has been like for a woman in business'.

Saturday 21 September 11.30am - 3pm

Speakers:

Karen Anderson (Hospice CEO),

Tania King (Principal of Girl's College),

Debbie Hickford (Worksite Drug Testing & Health)

Liturgy - Spring, A Time of Change

Sunday 22 September 4 - 5pm



DVD Evening - The Sea of Trees

A man from USA goes to Japan to end his life at the notorious "Suicide Forest", near Mt Fuji. He meets a Japanese man also on the verge of killing himself. They embark on a quest of discovering themselves in the vast forest.

Tuesday 24 September 6.30pm *Supper provided* Koha

New Approaches to Resolving Bullying

What causes bullying and who is the bully? The responsibility and action that the victim, the observer, and the employer can take to make a positive difference, including discussion on the Workplace Code of Respect. The planned outcome is less bullying and more effective responses to bullying.
Monday 12 August 6.30 - 8.30pm
Neil Pedley [MNZAC #0773]

\$10

Retreat in Inner Peace and Divine Love

See 8 August for more details
Thursday 15 August 7 - 8.30pm

Liturgy - Josephite Women

Sunday 18 August 4 - 5pm

Tui Motu Group

Wednesday 21 August 4.30 - 6pm
Rita Cahill rsj

Retreat in Inner Peace and Divine Love

See 8 August for more details
Thursday 22 August 7 - 8.30pm



DVD Evening - Suffragette

A powerful drama about women who were willing to lose everything - their jobs, their homes, their children, and even their lives - in their fight for equality and the right to vote in early-20th-century Britain.

Wednesday 27 August 6.30pm *Supper provided* Koha

Retreat in Inner Peace and Divine Love

See 8 August for more details
Thursday 29 August 7 - 8.30pm

September Mahuru

Retreat in Inner Peace and Divine Love

See 8 August for more details
Thursday 5 September 7 - 8.30pm

Creative Card Making

Suitable for beginners and regular crafters alike.
Saturday 7 September 10am - 12.30pm
Julia Martin

\$10



This We Believe...'

Students from Cullinane College will share their ideas and beliefs.
Followed by questions & supper.
Thursday 20 June 7 - 9pm

Koha

A Day on Hildegard of Bingen - 12th century German mystic

This Benedictine abbess was a talented poet, artist and composer. She had visions of the Divine from childhood but did not communicate anything of this until she was 42 years old. Hildegard regarded God as the Fullness of Life and all living creatures as radiating from that Brilliance...she connected science and religion, urged humans to relish their life's journey and wrote treatises on medicine and natural history. She had a prophetic role within the Church and was finally proclaimed a Saint by Pope Benedict XVI in 2012. Much of what she proclaimed has relevance to our Christian life today. She created many mandalas giving expressions to her visions and we will explore these.

Saturday 29 June 10am - 2pm
Marie Skidmore rsj

\$20

July Hōngongoi



DVD Evening - Breathe

BREATHE follows an adventurous and determined couple who refuse to give up when Robin contracts polio and is given months to live. Against advice, Diana brings him home from hospital where her devotion and witty determination

transcends his disability. Together with her brothers and a good friend, they find a way to live a full and passionate life.
Wednesday 10 July 6.30pm *Supper provided* Koha

Creative Card Making

Suitable for beginners and regular crafters alike.
Saturday 13 July 10am - 12.30pm
Julia Martin

\$10



Tui Motu Group

Wednesday 17 July 4.30 - 6pm

Rita Cahill rsj



“This I Believe...”

Josh Chandulal-Mackay was born and raised in Whanganui, attending St Anne's Catholic School and Whanganui Collegiate. Josh has always taken an active interest in community and civic

engagement and was a youth councillor on the Whanganui District Council Youth Committee at age 12. He studied a BA in Politics and Psychology at Massey University. From 2013-2016 he was involved in a range of extra-curricular activities including volunteer work as a Youthline counsellor, leading a Catholic Diocesan Youth Group for years 5-6 and leading the Catholic Diocesan Confirmation Programme, and became actively involved in political party politics. In 2016, Josh stood successfully for election as a Whanganui District Councillor and is now living in Whanganui and alongside his role as a councillor, works part-time at Craigs Investment Partners and sits on the St Anne's Catholic School Board of Trustees and is Deputy Chair of Youth Services Trust Whanganui.

Wednesday 17 July 7 - 9pm

Koha

Liturgy - Women of Mercy

Sunday 21 July 4 - 5pm

Introduction To Restorative Justice

This workshop will help develop your understanding of, and help you to apply, informal restorative practice.

This is a participatory workshop and explores philosophy and concepts of restorative practice, restorative practice language, continuum of restorative practice, application of restorative practice (low level).

Friday 26 July 9am - 4pm

\$20

Debra Smith

August

Here-turi-kōkā

Waiata, Kōrero and Karakia

Join us as we celebrate

Maori Language Week 2019

Date to be advised

Maramapai Simon & Lynaire Simon

**TE WIKI
O TE REO
MĀORI**

A Day on Flora MacKillop

Flora (McDonald) MacKillop (1816-1886) arrived in Melbourne from Scotland in 1840, and in July of that year she married Alexander MacKillop. Saint Mary of the Cross was the eldest of their eight children. From promising beginnings, family and fortunes declined, demanding of Flora courage, patience and forbearance. Her deep faith and trust in God sustained her through the poverty, hardship and times of homelessness when she and her family depended on relatives for a home. While St Mary acknowledged her mother's example and influence, Flora was able to call herself 'a truly blessed mother', as she said herself, she had 'raised all her children for the glory of God.'

A challenge to us all.

Saturday 3 August 1.30 - 4pm

\$10

Therese McConway rsj

Retreat in Inner Peace and Divine Love

A 22-day Retreat in Daily Life, meeting together for 1½ hours each Thursday night for five nights. At this time, the prayer texts/scriptures of each exercise will be given to take home for you to pray and reflect on each day. "I can expect a deeper relationship with God - in Jesus a true friend, in the Spirit a wise guide, in the Father a welcome home. In some way I will be touched by the unfathomable love of the Divine, come face-to-face with my Creator, and feel the full power of that 'gentle presence'."

Bring pen and notebook for journaling.

Thursday 8 August 7 - 8.30pm \$25 for the 5 nights

Juliet Kojis and Karyn Coleman.