



The Mary MacKillop Centre
Te Punanga ō Maria MacKillop



Spirituality of Eldering

Facilitator Lyndall Brown rsj

'Spirituality of Eldering is what we participate in consciously and willingly'.

This Reflection day will offer ways to discover the richness of life when we age with grace.

We will reflect on three themes.... growing contemplatively, learning the art of letting go and the wisdom of the years.

Date

Tuesday 17 July: 10am to 2pm

Venue

Mary MacKillop Centre
56 Selwyn Avenue
Mission Bay
Auckland

Cost: Koha

Tea and coffee provided. Please bring own lunch.

Registrations to: Auckland.MMKCentre@sosj.org.au